

SPRING MENU

WEEK 1
WEEK 2
WEEK 3

MON

TUES

WED

THURS

FRI

MAIN
£2.45

BLACK BEAN
CHICKEN WITH STIR
FRIED EGG NOODLES
(CE, E, SO, G/B, W)

LEMON & HERB PIRI
PIRI CHICKEN WITH
SPICY RICE

BUTCHERS SAUSAGE
WITH MASHED
POTATO & GRAVY
(MK, SU, G/W)

BEEF & LENTIL CHILLI
CON CARNE WITH
STEAMED RICE &
CRUSHED NACHOS
(MU*, G/B*, O*, R*, W*)

FULLY LOADED BEEF
BURGER WITH FRIES
(E, MK, SO, SU, SE*,
G/W)

ROOTS & SHOOTS
£2.45

BLACK BEAN WINTER
VEGETABLES WITH
STIR FRIED EGG
NOODLES
(CE, E, SO, G/B, W)

LEMON & HERB PIRI
PIRI QUORN & SPICY
RICE
(G/W)
V

VEGGIE SAUSAGE
WITH MASHED
POTATO & GRAVY
(MK, G/W)

SMOKEY PLANT BASED
CHILLI WITH STEAMED
RICE & CRUSHED
NACHOS
(E, SO*, G/B)

MARGHERITA PIZZA
WITH CHIPS & HOUSE
SALAD
(MK, G/W)

PASTA POPINA
£2.30

TOMATO & BASIL
PASTA
(G/W)
V

CREAMY CAJUN
PASTA
(MK, MU, G/W)

TOMATO & PESTO
PASTA
(G/W)
V

CREAMY CARBONARA
(MK, G/W)

MEDITERRANEAN
VEGETABLE PASTA
(G/W)

MEAL
DEAL
£2.90

Theme
Days



ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD

PUD
£1.20

JAM & COCONUT
SPONGE WITH
CUSTARD
(E, MK, SO*, G/W)

CHOCOLATE &
ORANGE MARBLE
CAKE
(E, MK, SO*, G/W)

APPLE TART WITH
CUSTARD
(MK, G/W)

PEACH & GINGER
CRUMBLE WITH
CUSTARD
(MK, G/W)

CARROT CAKE
(E, G/W, B*, O*, MK)

ALLERGENS KEY:

CE = CELERY

F = FISH

G/O = OATS

L = LUPIN

MU = MUSTARD

SE = SESAME

* = MAY CONTAIN

CR = CRUSTACEAN

G = GLUTEN

G/R = RYE

MK = MILK

N = NUTS

SO = SOYA

E = EGGS

G/B = BARLEY

G/W = WHEAT

MO = MOLLUSCS

P = PEANUTS

SU = SULPHUR DIOXIDE

SPRING MENU

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THURS

FRI

MAIN
£2.45

CHICKEN FAJITAS,
NACHOS, SOUR
CREAM & SALSA
(MK, SO*, G/W)

PEPPERONI PIZZA
WITH CHIPS & CHEF'S
SALAD
(CE*, E*, MK, MU*,
SO*, G/W)

GARLIC & THYME
CHICKEN LEG WITH
ROAST POTATOES,
SEASONAL
VEGETABLES &
GRAVY

ITALIAN MEATBALL &
ROASTED VEGETABLE
RAGU WITH PASTA
(CE, G/W)

FISH & CHIPS WITH
FRESH MINTED
MUSHY PEAS &
HOMEMADE TARTARE
SAUCE
(E, F, MU, G/B*, W)

ROOTS & SHOOTS
£2.45

SPICY QUORN &
VEGETABLE FAJITAS
WITH NACHOS, SUOR
CREAM
(E, MK, MU, SO*, G/B,
W)

MARGHERITA PIZZA
WITH CHIPS & CHEF'S
SALAD
(MK, G/W)

VEGETABLE MEATLOAF
WITH STICKY GLAZE &
SEASONAL ROASTED
VEGETABLES
(CE, E, G/B, W)

ITALIAN PLANT-
BASED MEATBALL &
ROASTED VEGETABLE
RAGU WITH PASTA
(CE, E*, MU*, SE*, SO,
G/B, W)

CHEESE & ONION
PASTY & CHIPS
(MK, G/W)

PASTA POPINA
£2.30

TOMATO & BASIL
PASTA
(G/W)
V

CREAMY CAJUN
PASTA
(MK, MU, G/W)

TOMATO & PESTO
PASTA
(G/W)
V

CREAMY CARBONARA
(MK, G/W)

MEDITERRANEAN
VEGETABLE PASTA
(G/W)
V

ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD

PUD
£1.20

CHOCOLATE &
BANANA SPONGE
WITH CHOCOLATE
SAUCE
(E, MK, SO*, G/W)

EVE'S PUDDING WITH
CUSTARD
(E, MK, SO*, G/W)

CARAMEL APPLE
CRUMBLE WITH
CUSTARD
(MK, G/W)

RICE PUDDING WITH
FRUIT COULIS
(MK)

JAM & COCONUT
SPONGE WITH
CUSTARD
(E, MK, SO*, G/W)

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MEAL
DEAL
£2.90

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WED

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FRI

MAIN
£2.45

BEEF & LENTIL
BOLOGNESE WITH
PENNE AND CHEF'S
SALAD
(G/B*, W)

TUSCAN CHICKEN
WITH PAPRIKA
WEDGES
(G/W)

BEEF & LENTIL
COTTAGE PIE WITH
SEASONAL GREEN
VEGETABLES & GRAVY
(G/B*, W*)

CHICKEN TIKKA
MASALA WITH PILAU
RICE
(MK, MU*, G/B*, O*,
R*, W*)

PEPPERONI PIZZA &
CHIPS
(CE*, E*, MK, MU*,
SO*, G/W)

MEAL
DEAL
£2.90

ROOTS & SHOOTS
£2.45

MAC & CHEESE WITH
CHEF'S SALAD
(MK, G/W)

CHEESY ROASTED
SQUASH & ROOT
VEGETABLE LASAGNE
WITH CHEF'S SALAD
(E*, MK, G/W)

SWEET POTATO &
SQUASH SHEPHERD'S
PIE WITH SEASONAL
VEGETABLES & GRAVY
(CE, MK, G/B, W)

CHICKPEA &
VEGETABLE MASALA
WITH PILAU RICE
(CE, MK, MU*, G/B*,
O*, R*, W*)

CHEESY VEGGIE
CHILLI DOG & CHIPS
(E, MK, MU, SE*, SO*,
G/B, O*, R*, W)

Theme
Days



PASTA POPINA
£2.30

TOMATO & BASIL
PASTA
(G/W)
V

CREAMY CAJUN
PASTA
(MK, MU, G/W)

TOMATO & PESTO
PASTA
(G/W)
V

CREAMY CARBONARA
(MK, G/W)

MEDITERRANEAN
VEGETABLE PASTA
(G/W)
V

ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD

PUD
£1.20

CARAMEL APPLE
CRUMBLE WITH
CUSTARD
(MK, G/W)

STICKY TOFFEE
PUDDING
(E, MK, G/W)

CHOCOLATE &
ORANGE MARBLE
CAKE
(E, MK, SO*, G/W)

BANANA &
BERRY LOAF
(E, MK, SO*, G/W)

ORANGE &
CRANBERRY SPONGE
(E, MK, SO*, G/W)

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